



Western Technical College

30543300 Nursing Assistant

Course Outcome Summary

Course Information

Description Prepares students for employment as nursing assistants. The program also prepares students for other health-related programs. Students will be required to demonstrate the following skills under the supervision of a licensed nurse: communication, basic nursing assistant and personal care skills, attention to client's rights, and care of clients with dementias. The program is recognized by the Wisconsin Department of Health Services as a nurse-aide training program. Upon successful completion of the program, the student is eligible to take the Wisconsin Nursing Assistant competency evaluation for inclusion on the Wisconsin Nurse Aide Registry and employment in nursing homes, hospitals, home health agencies, hospices, CBRF's, assisted living centers and homes for the developmentally disabled.

Career Cluster Health Science

Instructional Level Certificate

Total Credits 2

Total Hours 79

Textbooks

Nursing Assisting: A Foundation in Caregiving (Textbook). 6th Edition. Copyright 2023. Dugan, Diana. Publisher: Hartman Publishing Company. **ISBN-13:** 978-1-60425-154-8. Required.

Nursing Assisting: A Foundation in Caregiving (Workbook). 6th Edition. Copyright 2023. Dugan, Diana. Publisher: Hartman Publishing Company. **ISBN-13:** 978-1-60425-155-5. Required.

Learner Supplies

Nursing Assistant Western Patch (Blue). **Vendor:** eCampus <https://westerntc.ecampus.com>. Required.

Uniform. **Vendor:** To be discussed in class. Required.

Black pen, pocket sized spiral notebook, 3-ring binder. **Vendor:** To be discussed in class. Required.

Watch with second hand - \$10-20. **Vendor:** To be discussed in class. Required.

Students are responsible for transportation to clinical sites.

Certification fee after completion of program payable to Headmaster/D&S Diversified. Required

Success Abilities

1. Live Responsibly: Foster Accountability
2. Refine Professionalism: Improve Critical Thinking
3. Refine Professionalism: Practice Effective Communication

High Impact Practices

1. Work-Based Learning: this course applies your learning to your desired profession by working in industry placements such as internships, practicums, clinicals, or co-ops.

Program Outcomes

1. Communicate effectively with clients, family, and co-workers
2. Protect rights of clients
3. Demonstrate ethical and legal responsibilities
4. Work cooperatively in a team environment
5. Provide holistic, safe care to diverse populations
6. Demonstrate reporting and documentation
7. Assist clients with rehabilitation and restorative care
8. Provide safe care for clients with acute and chronic health conditions
9. Complete educational requirements for the WI NA competency evaluation

Course Competencies

1. Communicate professionally within a healthcare setting.

Assessment Strategies

- 1.1. Complete reading, workbook pages and video(s) per learning activities.
- 1.2. Clinical Evaluation
- 1.3. Skill Demonstration
- 1.4. Achieve a minimum 78% on written exams

Criteria

You will know you are successful when you

- 1.1. display appropriate verbal and nonverbal skills in the work setting
- 1.2. describe methods to help clients that exhibit problematic behavior
- 1.3. demonstrate reporting and documentation
- 1.4. describe methods to assist client to meet spiritual needs
- 1.5. describe methods to adapt care/communication to meet the psychological needs of the aging client
- 1.6. demonstrate sensitivity to emotional needs, social diversity, and mental health of clients, families, and coworkers
- 1.7. identify strategies to cope with client and family stress

Learning Objectives

- 1.a. Learning objectives are the linked external standards for this competency.

2. Demonstrate professionalism in the workplace.

Assessment Strategies

- 2.1. Complete reading, workbook pages and video(s) per learning activity
- 2.2. Clinical Evaluation
- 2.3. Skill Demonstration
- 2.4. Achieve a minimum 78% on written exams

Criteria

You will know you are successful when you

- 2.1. describe the ethical and legal responsibilities of the Nursing Assistant
- 2.2. complete clinical assignments
- 2.3. develop soft skills to promote professionalism and promote job retention
- 2.4. describe rights of clients
- 2.5. explain how to treat client respectfully regardless of social, ethnic, or religious background
- 2.6. describe strategies to cope with caregiver stress
- 2.7. describe the nursing assistant role in a variety of health care settings

Learning Objectives

- 2.a. Learning objectives are the linked external standards for this competency.

3. Maintain a safe healthcare environment.

Assessment Strategies

- 3.1. Complete reading, workbook pages and video(s) per learning activity
- 3.2. Clinical Evaluation
- 3.3. Skill Demonstration
- 3.4. Achieve a minimum 78% on written exams

Criteria

You will know you are successful when you

- 3.1. demonstrate techniques to maintain a safe, clean, comfortable, therapeutic environment
- 3.2. respond appropriately in emergency situations
- 3.3. perform airway clearance maneuver
- 3.4. demonstrate principles of body mechanics
- 3.5. demonstrate safe use and maintenance of equipment and supplies

Learning Objectives

- 3.a. Learning objectives are the linked external standards for this competency.

4. Adhere to principles of infection control.

Assessment Strategies

- 4.1. Complete reading, workbook pages and video(s) per learning activity
- 4.2. Clinical Evaluation
- 4.3. Skill Demonstration
- 4.4. Achieve a minimum 78% on written exams

Criteria

You will know you are successful when you

- 4.1. demonstrate principles of medical asepsis for client and personal safety.
- 4.2. demonstrate principles of standard and transmission-based precautions and infection prevention
- 4.3. demonstrate prevention of blood borne pathogen transmission

Learning Objectives

- 4.a. Learning objectives are the linked external standards for this competency.

5. Provide for personal care needs of clients.

Assessment Strategies

- 5.1. Complete reading, workbook pages and video(s) per learning activity
- 5.2. Clinical Evaluation
- 5.3. Skill Demonstration
- 5.4. Achieve a minimum 78% on written exams

Criteria

You will know you are successful when you

- 5.1. demonstrate proficiency in assisting to meet nutrition and fluid needs of each client
- 5.2. describe methods to assist client with bowel and bladder elimination
- 5.3. describe methods to assist client with bowel and bladder retraining
- 5.4. make an occupied and unoccupied bed
- 5.5. demonstrate proficiency in dressing a resident with a weak side utilizing the skill checklist
- 5.6. describe urinary incontinence and care required
- 5.7. demonstrate proficiency in performing catheter care utilizing the skill checklist
- 5.8. identify characteristics of normal urine and bowel elimination

Learning Objectives

- 5.a. Learning objectives are the linked external standards for this competency.

6. Provide for basic nursing care needs.

Assessment Strategies

- 6.1. Complete reading, workbook pages and video(s) per learning activity
- 6.2. Clinical Evaluation
- 6.3. Skill Demonstration
- 6.4. Achieve a minimum 78% on written exams

Criteria

You will know you are successful when you

- 6.1. describe how to adapt care to meet the physical needs of the aging client
- 6.2. define the principles of nutrition and fluid needs
- 6.3. describe client comfort measures
- 6.4. recognize the general effects of prescribed routine medications
- 6.5. demonstrate proficiency in providing a bed bath, oral care, denture care, foot care and pericare utilizing the skill checklist
- 6.6. describe how to meet the physical, emotional, social and spiritual needs of the dying client

Learning Objectives

- 6.a. Learning objectives are the linked external standards for this competency.

7. Demonstrate reporting and documentation of client data.

Assessment Strategies

- 7.1. Complete reading, workbook pages and video(s) per learning activity
- 7.2. Clinical Evaluation
- 7.3. Skill Demonstration
- 7.4. Achieve a minimum 78% on written exams

Criteria

You will know you are successful when you

- 7.1. measure intake and output

- 7.2. measure temperature, pulse, and respiration
- 7.3. measure weight and height
- 7.4. identify normal and abnormal vital signs
- 7.5. document client data
- 7.6. identify signs of client discomfort
- 7.7. describe methods to monitor food and fluid intake

Learning Objectives

- 7.a. Learning objectives are the linked external standards for this competency.

8. Use principles of mobility to assist clients.

Assessment Strategies

- 8.1. Complete reading, workbook pages and video(s) per learning activity
- 8.2. Clinical Evaluation
- 8.3. Skill Demonstration
- 8.4. Achieve a minimum 78% on written exams

Criteria

You will know you are successful when you

- 8.1. identify safety principles when applying prosthetic and orthotic devices
- 8.2. demonstrate proficiency transferring from bed to wheelchair utilizing skill checklist
- 8.3. demonstrate proficiency ambulating client with gait belt utilizing skill checklist
- 8.4. demonstrate proficiency positioning resident on side utilizing skill checklist
- 8.5. identify safety measures for transferring, ambulating and positioning clients
- 8.6. identify restraint alternatives

Learning Objectives

- 8.a. Learning objectives are the linked external standards for this competency.

9. Promote independence through rehabilitation/restorative care.

Assessment Strategies

- 9.1. Complete reading, workbook pages and video(s) per learning activity
- 9.2. Clinical Evaluation
- 9.3. Skill Demonstration
- 9.4. Achieve a minimum 78% on written exams

Criteria

You will know you are successful when you

- 9.1. identify methods to promote client independence during activities of daily living (ADL)
- 9.2. describe how to assist clients with hearing or vision impairment with activities of daily living
- 9.3. describe how to assist clients with speech impairment with activities of daily living
- 9.4. demonstrate proficiency assisting clients with range of motion exercises utilizing the skill checklist

Learning Objectives

- 9.a. Learning objectives are the linked external standards for this competency.

10. Provide care for clients experiencing acute and chronic health conditions.

Assessment Strategies

- 10.1. Complete reading, workbook pages and video(s) per learning activity
- 10.2. Clinical Evaluation
- 10.3. Skill Demonstration
- 10.4. Achieve a minimum 78% on written exams

Criteria

You will know you are successful when you

- 10.1. describe methods to care for client with developmental disabilities
- 10.2. describe methods to care for clients with long-term, disabling conditions including dementia
- 10.3. describe methods to assist clients with dementia through environment and activities
- 10.4. identify methods to manage stressful situations with clients with dementia
- 10.5. describe methods to promote adequate food and fluid intake for clients with dementia

- 10.6. identify behavioral challenges of clients with dementia
- 10.7. describe methods to meet the emotional needs, social diversity, and mental health of clients

Learning Objectives

- 10.a. Learning objectives are the linked external standards for this competency.