Western Technical College

10543104 Nursing: Intro to Clinical Practice

Course Outcome Summary

Course Information

Description
This introductory clinical course emphasizes basic nursing skills and application of the nursing process in meeting the needs of diverse clients across the lifespan. Emphasis is placed on performing basic nursing skills, the formation of nurse-client relationships, communication, data collection, documentation, and medication administration.

Career Cluster
Health Science

Instructional Level
Associate Degree Courses

Total Credits
2

Total Hours
108

Textbooks


 Learner Supplies
Uniform: Cherokee Red Scrub Top, Black Scrub Pants (Approx. $60) (Optional Cherokee Red Jacket). Vendor: To be discussed in class. Required.

Nursing Lab Card (SKU 10075203). Vendor: Campus Shop. Required.

Experiential Learning
1. Work Based Learning

Program Outcomes
1. Implement one's role as a nurse in ways that reflect integrity, responsibility, ethical practices, and an evolving professional identity as a nurse committed to evidence-based practice, caring, advocacy and quality care.
2. Demonstrate appropriate written, verbal, and nonverbal communication in a variety of clinical contexts.
3. Integrate social, mathematical, and physical sciences, pharmacology, and pathophysiology in clinical decision making.
4. Provide patient centered care by utilizing the nursing process across diverse populations and healthcare settings.
5. Minimize risk of harm to patients, members of the healthcare team and self through safe individual performance and participation in system effectiveness.
6. Lead the multidisciplinary health care team to provide effective patient care throughout the lifespan.
7. Use information and technology to communicate, manage data, mitigate error, and support decision-making.

Course Competencies
1. Accept one's role as a nurse in ways that reflect integrity, responsibility, ethical practices, and an evolving identity as a nurse committed to caring, advocacy, and quality care while adhering to evidence-based practice.

Assessment Strategies
1. **On-the-job Performance**
2. **Demonstration**
3. **Interview**
4. **Self Assessment**
5. **Paper**
6. **Critique**
7. **Clinical Evaluation**

**Criteria**

*You will know you are successful when you:*

1. comply with agency and school policies, state laws and industry standards.
2. treat all individuals with dignity and respect.
3. protect patient rights (privacy, autonomy, confidentiality).
4. practice within the legal and ethical frameworks of nursing.
5. demonstrate professional behaviors (attendance, appearance, honesty, attitude, acceptance of feedback, punctuality, boundaries, self-reflection etc.).
6. accept responsibility and accountability for learning and patient care.
7. identify evidenced-based standards, policies and procedures that affect quality care.
8. identify fiscally responsible care.

**Learning Objectives**

1.a. Adhere to personal goals for professional development.
1.b. Choose appropriate resources to support professional development.
1.c. Accept assistance from instructor and/or staff as needed.
1.d. Acquire techniques to manage personal stress.
1.e. Adopt effective personal wellness behaviors.
1.f. Accept responsibility with respect for others in work environment.
1.g. Agree to take responsibility for personal and professional actions.
1.h. Adopts dependability, accuracy, proficiency, and initiative in client care.
1.i. Apply techniques of self-assessment to develop nursing practice.
1.j. Assume responsibility in maintaining a working relationship with peers and staff.
1.k. Advocate for application of HIPAA regulations in all aspects of client information.

2. **Demonstrate appropriate written, verbal, and nonverbal communication in a variety of clinical contexts.**

**Assessment Strategies**

2.1. Oral, Written or Performance Assessment

**Criteria**

*You will know you are successful when you:*

2.1. provide accurate information to patients and families.
2.2. use therapeutic communication to express respect, patience and sensitivity.
2.3. demonstrate appropriate non-verbal communication strategies.
2.4. adapt communication strategies based on patients’ age, developmental level, disability, and/or culture.
2.5. complete documentation according to agency guidelines (format, timing, abbreviations, etc.).
2.6. use appropriate terminology, spelling and grammar in written communications.
2.7. monitor effectiveness of therapeutic interactions.

**Learning Objectives**

2.a. Recognize the differences between social interaction and therapeutic communication.
2.b. Utilize therapeutic, verbal, and nonverbal communication skills when working with clients and families.
2.c. Utilize appropriate medical abbreviations, terminology, spelling and grammar to complete accurate and timely documentation of client information according to agency guidelines.
2.d. Demonstrate respect for clients and families.
2.e. Utilize resources to convey information to clients and families.
2.f. Articulate personal reaction and response to individual differences.

3. **Integrate knowledge of social, mathematical, and physical sciences, pharmacology, and disease processes while participating in clinical decision making.**

**Assessment Strategies**
3.1. **Oral, Written or Performance Assessment**

**Criteria**

*You will know you are successful when you:*

3.1. apply theoretical knowledge to assist in the care of patients.
3.2. maintain a questioning and open mind to consider new approaches, ideas and best practices.
3.3. provide rationale for decisions used in the provision of safe, quality care.
3.4. perform mathematical calculations correctly.
3.5. explain patient medication information including classification, indication, action, dosage, side effects, interactions, compatibilities and nursing implications.

**Learning Objectives**

3.a. Adhere to agency policy and procedures in all aspects of health care delivery.
3.b. Perform technical skills using infection control and safety principles.
3.c. Identify priority nursing interventions, side effects and adverse reactions of medications prior to administration.
3.d. Adhere to the five rights of patient medication administration.
3.e. Demonstrate safe medication administration under the direct supervision of the clinical instructor
3.f. Identify and present appropriate questions to clinical instructor which demonstrate growth in critical thinking based on best nursing practices, ideas and new approaches in the delivery of patient centered care.
3.g. Adapt textbook nursing interventions based on patient disease process and individual characteristics/limitations applying pertinent evidence based rationales prior to patient care.
3.h. Prioritize nursing care in a safe manner.

4. **Provide patient centered care under supervision by participating in the nursing process across diverse populations and healthcare settings.**

**Assessment Strategies**

4.1. **Oral, Written or Performance Assessment**

**Criteria**

*You will know you are successful when you:*

4.1. collect assessment data using correct techniques for health assessment and validate findings with instructor.
4.2. use effective interview techniques in data collection.
4.3. use multiple sources in collecting data.
4.4. recognize and report abnormal data and changes in patient condition to the instructor and the nurse.
4.5. validate basic nursing decisions with instructor.
4.6. recognize diverse patient care needs.
4.7. provide holistic care in an organized and timely manner.
4.8. perform nursing skills competently.
4.9. promote independence in patient self-care activities.
4.10. utilize the nursing process as a problem-solving and decision-making tool in order to establish basic needs for client care.
4.11. reinforce healthcare teaching and support healthcare knowledge.
4.12. contribute to the development of a care plan for patients with basic needs.
4.13. use assessment data to support decisions.

**Learning Objectives**

4.a. Applies effective interview strategies using therapeutic and focused communication techniques to collect valuable subjective/objective assessment findings.
4.b. Utilizes health facility resources and correct physical assessment techniques to obtain relevant data
4.c. Applies the nursing process as a problem-solving and decision-making tool in order to establish basic needs for client care.
4.d. Provides appropriate diverse technical nursing care that meets the spiritual, cultural, cognitive, physical, environmental and individual characteristics of the patient.
4.e. Reports all assessment findings to the clinical instructor.
4.f. Perform technical skills using infection control and safety principles.
4.g. Prepares patient physical environment to encourage self care activities when appropriate.
4.h. Accepts responsibility and adapts environment in order to minimize risk of alterations in patientsafety.
5. **Minimize risk of harm to patients, members of the healthcare team, and self through safe individual performance and participation in system effectiveness.**

**Assessment Strategies**
5.1. Oral, Written or Performance Assessment

**Criteria**

*You will know you are successful when you:*

5.1. provide safe and effective care.
5.2. apply industry standards in protecting patient, self and others from injury, infection, and harm.
5.3. maintain a safe, effective care environment.
5.4. request assistance when needed.
5.5. report and take action on potential safety concerns.
5.6. use available equipment in accordance with agency policies and procedures.
5.7. identify established quality improvement activities.

**Learning Objectives**

5.a. Adhere to agency policies and procedures with patient care equipment and in providing nursing care to clients.
5.b. Arrange patient environment in accordance with basic safety standards and assess the environment for potential safety risks.
5.c. Participates in basic patient care in accordance with the facilities established plan of care and reports all exceptions to the clinical instructor and hall nurse.
5.d. Predicts need for assistance and requests assistance from instructor, classmates and hall staff when needed to maintain resident safety.
5.e. Provide and prioritize required nursing care in a safe effective manner.

6. **Collaborate as an active member of the multidisciplinary health care team to provide effective patient care throughout the lifespan.**

**Assessment Strategies**
6.1. Oral, Written or Performance Assessment

**Criteria**

*You will know you are successful when you:*

6.1. incorporate multiple methods of communication.
6.2. report complete, accurate, pertinent information to instructor and staff.
6.3. convey mutual respect, trust, support, and appreciation for other members of the health care team.
6.4. assist others to ensure safe and effective care.
6.5. seek information from other healthcare team members.
6.6. organize patient care team activities to meet patient needs.
6.7. demonstrate flexibility in adapting to changing situations.
6.8. contribute to the healthcare team in the provision of patient-centered care.
6.9. evaluate the effectiveness of your own role within the team.
6.10. apply conflict resolution and problem solving skills as appropriate.
6.11. communicate patient values, preferences, and expressed needs to other members of the healthcare team.

**Learning Objectives**

6.a. Report significant and accurate information to instructor and appropriate staff.
6.b. Assist peers and staff in completion of tasks.
6.c. Communicate with peers, staff, and instructor in a manner that conveys respect and trust.
6.d. Identify appropriate channels of communication in the health care setting.
6.e. Collaborate with nursing staff to modify nursing care.
6.f. Uses appropriate written, verbal and non verbal methods of communication effectively with others in order to organize and adapt to changing patient situations.
6.g. Participates in self reflection with clinical performance recognizing areas for growth and improvement during weekly clinicals.
6.h. Compare and discuss effective and ineffective conflict resolution strategies which can occur with various health care team members in a clinical setting.
7. **Use information and technology to communicate, manage data, mitigate error, and assist with decision-making.**

Assessment Strategies

7.1. Oral, Written or Performance Assessment

Criteria

*You will know you are successful when you:*

7.1. document complete, accurate, pertinent information in a timely manner using electronic or agency standard documentation systems.
7.2. identify information from professional sources to assist in providing safe patient care.
7.3. adhere to security measures to protect the confidentiality of all health information.
7.4. use technology to provide quality safe patient care.

Learning Objectives

7.a. Complete agency regulated documentation for completion of patient care, nursing assessments, nursing procedures and medication administration using computer technology or standard facility documentation processes.
7.b. Demonstrate use of professional language and medical terminology in all WTC clinical worksheets and professional facility records utilizing efficient time management strategies.
7.c. Provide detailed rationales from cited professional sources for Nursing Process Worksheets as identified in your acceptable reference criteria located on Blackboard.
7.d. Protect resident privacy and uphold the HIPAA regulations with patient privacy as stated in your Professional Behaviors document.