



Western Technical College

10524147 Physical Therapy Assistant Clinical Practice 1

Course Outcome Summary

Course Information

Description	Provides a part-time clinical experience to apply foundational elements, knowledge, and technical skills pertinent to physical therapy practice.
Career Cluster	Health Science
Instructional Level	Associate Degree Courses
Total Credits	2
Total Hours	117

Pre/Corequisites

Prerequisite	10524141 PTA Kinesiology 2 OR 10524157 PTA Applied Kinesiology 2
Prerequisite	10524143 PTA Biophysical Agents

Textbooks

Physical Therapy Clinical Handbook for PTA's. 3rd Edition. Copyright 2018. Cikulin-Kulinski, Kathy. Publisher: Jones & Bartlett. **ISBN-13**: 978-1-284-10556-8. Required.

Success Abilities

1. Cultivate Passion: Increase Self-Awareness
2. Live Responsibly: Foster Accountability
3. Refine Professionalism: Act Ethically
4. Refine Professionalism: Participate Collaboratively
5. Refine Professionalism: Practice Effective Communication

High Impact Practices

1. Work-Based Learning: this course applies your learning to your desired profession by working in industry placements such as internships, practicums, clinicals, or co-ops.

Program Outcomes

1. Function under the supervision of a physical therapist in a safe, legal, professional, and ethical manner to ensure the safety of patients, self, and others throughout the clinical interaction
2. Demonstrate clear and collaborative communication with patients, families, and health care team
3. Exhibit behaviors and conduct that reflect respect and sensitivity according to physical therapy practice standards
4. Produce documentation to support the delivery of physical therapy services
5. Demonstrate critical thinking skills to implement and modify treatment within a plan of care under the direction and supervision of a physical therapist
6. Perform data collection essential for carrying out the plan of care under the direction and supervision of the physical therapist
7. Perform technically competent, evidence-based physical therapy interventions under the direction and supervision of the physical therapist
8. Educate patients, families, and other health providers
9. Integrate components of operational and fiscal practices of physical therapy service in a variety of settings
10. Implement a self-directed plan for career development, credentialing, and lifelong learning

Course Competencies

1. Analyze elements of a safe clinical environment

Assessment Strategies

- 1.1. in the clinical experience
- 1.2. through journals, written assignments, case studies, etc.
- 1.3. using a clinical performance assessment tool

Criteria

Your performance will be successful when:

- 1.1. you meet the quality of care performance dimension
- 1.2. you meet the supervision/guidance performance dimension
- 1.3. you meet the consistency performance dimension
- 1.4. you meet the complexity of tasks/environment performance dimension
- 1.5. you meet the efficiency performance dimension

Learning Objectives

- 1.a. Follow universal precautions in the clinical setting.
- 1.b. Identify elements of a safe working environment.
- 1.c. Recognize physiological and psychological changes in patients and adjust as directed by the clinical instructor.
- 1.d. Describe contraindications and precautions of interventions.
- 1.e. Accept direction/ assistance from the clinical instructor.
- 1.f. Demonstrate good body mechanics with cues from clinical instructor.

2. Demonstrate professional conduct consistent with clinical expectations and setting

Assessment Strategies

- 2.1. in the clinical experience

- 2.2. through journals, written assignments, case studies, etc.
- 2.3. using a clinical performance assessment tool

Criteria

Your performance will be successful when:

- 2.1. you meet the quality of care performance dimension
- 2.2. you meet the supervision/guidance performance dimension
- 2.3. you meet the consistency performance dimension
- 2.4. you meet the complexity of tasks/environment performance dimension
- 2.5. you meet the efficiency performance dimension

Learning Objectives

- 2.a. Identifies responsibility for own actions within the learning environment.
- 2.b. Arrives at expected time as directed by the clinical instructor.
- 2.c. Wear attire consistent with expectations of clinical setting.
- 2.d. Demonstrate initiative, willingness to learn, and attentive listening.
- 2.e. Demonstrate willingness to alter schedule to accommodate learning opportunities.

3. Explain legal, ethical and employer/facility standards that need to be met in the clinical setting

Assessment Strategies

- 3.1. in the clinical experience
- 3.2. through journals, written assignments, case studies, etc.
- 3.3. using a clinical performance assessment tool

Criteria

Your performance will be successful when:

- 3.1. you meet the quality of care performance dimension
- 3.2. you meet the supervision/guidance performance dimension
- 3.3. you meet the consistency performance dimension
- 3.4. you meet the complexity of tasks/environment performance dimension
- 3.5. you meet the efficiency performance dimension

Learning Objectives

- 3.a. Discuss pertinent state/ federal laws, regulations and ethical standards related to the clinical site.
- 3.b. Recognize situations in which legal or ethical questions could be present.
- 3.c. Explore facility procedure for reporting violations of laws governing physical therapy.
- 3.d. Investigate resources available to answer legal, ethical, or professional questions.

4. Identify patient values, preferences, goals, and needs that should be considered in the delivery of physical therapy services

Assessment Strategies

- 4.1. in the clinical experience
- 4.2. through journals, written assignments, case studies, etc.
- 4.3. using a clinical performance assessment tool

Criteria

Your performance will be successful when:

- 4.1. you meet the quality of care performance dimension
- 4.2. you meet the supervision/guidance performance dimension
- 4.3. you meet the consistency performance dimension
- 4.4. you meet the complexity of tasks/environment performance dimension
- 4.5. you meet the efficiency performance dimension

Learning Objectives

- 4.a. Identify diversity (differences in race, creed, color, gender, age, national or ethnic origin, sexual orientation, and disability or health status) present in the clinical setting.
- 4.b. Discuss modifications to patient care or interventions that may be required based on sensitivity to diversity, possible patient needs, characteristics and/ or capabilities.
- 4.c. Identify educational tools and activities that are available at the facility.
- 4.d. Investigate available health care professionals, resources and services that may be appropriate to meet

- patient needs in the clinical setting, community, and geographical area.
- 4.e. Recognize elements of patient confidentiality, privacy and modesty in the clinical setting.
- 4.f. Demonstrate behaviors of positive regard, dignity, respect and compassion.
- 4.g. Discuss how to incorporate and promote the concept of patient self-responsibility in wellness and health.

5. Identify communication strategies that may be used in various situations

Assessment Strategies

- 5.1. in the clinical experience
- 5.2. through journals, written assignments, case studies, etc.
- 5.3. using a clinical performance assessment tool

Criteria

Your performance will be successful when:

- 5.1. you meet the quality of care performance dimension
- 5.2. you meet the supervision/guidance performance dimension
- 5.3. you meet the consistency performance dimension
- 5.4. you meet the complexity of tasks/environment performance dimension
- 5.5. you meet the efficiency performance dimension

Learning Objectives

- 5.a. Initiate communication with patients during treatment.
- 5.b. Discuss the need to inform the patient of decisions to delegate tasks to others.
- 5.c. Communicate pertinent information to the clinical instructor.
- 5.d. Identify the roles and contributions of all participants of patient care in the clinical setting.
- 5.e. Practice active listening skills.
- 5.f. Demonstrate respectful verbal and nonverbal communication with patients, staff and providers.
- 5.g. Identify nonverbal messages that may conflict with verbal messages.
- 5.h. Discuss effectiveness of his/her own communication including possible modifications for improvement.

6. Analyze strengths and weaknesses in knowledge, skills, and behaviors in the clinical setting

Assessment Strategies

- 6.1. in the clinical experience
- 6.2. through journals, written assignments, case studies, etc.
- 6.3. using a clinical performance assessment tool

Criteria

Your performance will be successful when:

- 6.1. you meet the quality of care performance dimension
- 6.2. you meet the supervision/guidance performance dimension
- 6.3. you meet the consistency performance dimension
- 6.4. you meet the complexity of tasks/environment performance dimension
- 6.5. you meet the efficiency performance dimension

Learning Objectives

- 6.a. Identify your own strengths and limitations.
- 6.b. Seek opportunities and participate in learning experiences within the clinical setting.
- 6.c. Accept feedback from clinical instructor regarding quality of care rendered.
- 6.d. Seek guidance as necessary to address limitations.
- 6.e. Discuss goals for future clinical experiences with clinical instructor to optimize career growth.

7. Identify pertinent data used to answer questions and make clinical decisions

Assessment Strategies

- 7.1. in the clinical experience
- 7.2. through journals, written assignments, case studies, etc.
- 7.3. using a clinical performance assessment tool

Criteria

Your performance will be successful when:

- 7.1. you meet the quality of care performance dimension
- 7.2. you meet the supervision/guidance performance dimension
- 7.3. you meet the consistency performance dimension
- 7.4. you meet the complexity of tasks/environment performance dimension
- 7.5. you meet the efficiency performance dimension

Learning Objectives

- 7.a. Identify the process, knowledge and/or skill needed to competently perform a delegated data collection.
- 7.b. Perform interim data collection to monitor patient status as directed by the clinical instructor.
- 7.c. Identify other data collection that may be needed as a follow up to the initial collection.

8. Practice physical therapy interventions (exercise, manual therapy, modalities, etc.) as directed in the clinical setting

Assessment Strategies

- 8.1. in the clinical experience
- 8.2. through journals, written assignments, case studies, etc.
- 8.3. using a clinical performance assessment tool

Criteria

Your performance will be successful when:

- 8.1. you meet the quality of care performance dimension
- 8.2. you meet the supervision/guidance performance dimension
- 8.3. you meet the consistency performance dimension
- 8.4. you meet the complexity of tasks/environment performance dimension
- 8.5. you meet the efficiency performance dimension

Learning Objectives

- 8.a. Maintain good body mechanics in providing technically competent interventions.
- 8.b. Perform interventions listed in the plan of care correctly as directed by the clinical instructor.
- 8.c. Identify safety parameters that need to be met with all interventions that minimize risk to patient, self and others.
- 8.d. Identify what significant changes in the patient's status may need to be communicated to the physical therapist.
- 8.e. Discuss when it would be appropriate to regress or suspend patient interventions based on patient status.
- 8.f. Identify options for progression of the patient within established plan of care as directed by the clinical instructor.

9. Select devices, equipment, and functional training needed in the clinical setting

Assessment Strategies

- 9.1. in the clinical experience
- 9.2. through journals, written assignments, case studies, etc.
- 9.3. using a clinical performance assessment tool

Criteria

Your performance will be successful when:

- 9.1. you meet the quality of care performance dimension
- 9.2. you meet the supervision/guidance performance dimension
- 9.3. you meet the consistency performance dimension
- 9.4. you meet the complexity of tasks/environment performance dimension
- 9.5. you meet the efficiency performance dimension

Learning Objectives

- 9.a. Modify appropriate devices and equipment in the clinical setting as directed by the clinical instructor.
- 9.b. Identify functional screening tools used in the clinical setting.
- 9.c. Instruct patients in home exercise programs related to injury/illness/ therapy as directed by the clinical instructor.
- 9.d. Educate patients regarding injury/illness/ therapy goals and expectations as directed by the clinical instructor.
- 9.e. Determine patient understanding regarding home exercise program as directed by the clinical instructor.

10. Practice components of documentation required in the clinical setting

Assessment Strategies

- 10.1. in the clinical experience
- 10.2. through journals, written assignments, case studies, etc.
- 10.3. using a clinical performance assessment tool

Criteria

Your performance will be successful when:

- 10.1. you meet the quality of care performance dimension
- 10.2. you meet the supervision/guidance performance dimension
- 10.3. you meet the consistency performance dimension
- 10.4. you meet the complexity of tasks/environment performance dimension
- 10.5. you meet the efficiency performance dimension

Learning Objectives

- 10.a. Document aspects of physical therapy care including data collection, interventions, and patient response as directed by the clinical instructor.
- 10.b. Produce documentation that follows guidelines and format required by the clinical setting and law, as directed by the clinical instructor.
- 10.c. Produce documentation that is consistent with guidelines and requirements of regulatory agencies and third-party payers as directed by the clinical instructor.
- 10.d. Produce documentation that is accurate, concise, and legible with increased time for completion.

11. Examine activities that are part of efficient delivery of physical therapy services (fiscal, time, space, equipment, and personnel management)

Assessment Strategies

- 11.1. in the clinical experience
- 11.2. through journals, written assignments, case studies, etc.
- 11.3. using a clinical performance assessment tool

Criteria

Your performance will be successful when:

- 11.1. you meet the quality of care performance dimension
- 11.2. you meet the supervision/guidance performance dimension
- 11.3. you meet the consistency performance dimension
- 11.4. you meet the complexity of tasks/environment performance dimension
- 11.5. you meet the efficiency performance dimension

Learning Objectives

- 11.a. Identify the role of the physical therapist assistant in the practice setting.
- 11.b. Use time effectively as directed by the clinical instructor.
- 11.c. Identify need for other services and resources needed to facilitate efficient and effective patient care.
- 11.d. Discuss tasks that would be legal and ethical to assign to support personnel in the clinical setting.
- 11.e. Observe which tasks are assigned to support personnel to facilitate the effectiveness and efficiency of patient care in the clinical setting.
- 11.f. Demonstrate respect for the contributions of support personnel.
- 11.g. Discuss use of appropriate feedback to support personnel.