



Western Technical College

# 10520107 Introduction to Addiction and Substance Use Disorders

## Course Outcome Summary

### Course Information

<b>Description</b>	A survey of common and uncommonly used substances available in today's society. Learners will examine the history of drug use along with the changing historical trends of abuse. Learners will explore other types of addictions and how they are similar and dissimilar to chemical addictions. Learners will examine the biology of psychoactive drugs as well as the etiology of addiction.
<b>Career Cluster</b>	Health Science
<b>Instructional Level</b>	Associate Degree Courses
<b>Total Credits</b>	3
<b>Total Hours</b>	54

### Textbooks

No textbook required.

### Success Abilities

1. Cultivate Passion: Enhance Personal Connections
2. Cultivate Passion: Expand a Growth-Mindset
3. Cultivate Passion: Increase Self-Awareness
4. Live Responsibly: Develop Resilience
5. Live Responsibly: Embrace Sustainability
6. Live Responsibly: Foster Accountability
7. Refine Professionalism: Act Ethically
8. Refine Professionalism: Improve Critical Thinking
9. Refine Professionalism: Participate Collaboratively
10. Refine Professionalism: Practice Effective Communication

## Program Outcomes

1. Model a commitment to cultural competence.
2. Uphold the Ethical Standards and Values for Human Service Professionals.
3. Demonstrate professionalism.
4. Utilize community resources.
5. Apply human services interventions and best practices.
6. Cultivate professional relationships.

## Course Competencies

### 1. Examine ethical issues related to substance abuse and mental health practice.

#### Assessment Strategies

- 1.1. Case Study
- 1.2. Reflection

#### Criteria

*You will know you are successful when:*

- 1.1. You discuss the significance of confidentiality.
- 1.2. You identify dual relationships.
- 1.3. You identify appropriate boundaries.
- 1.4. You recognize ethical dilemmas.
- 1.5. You determine when you would seek consultation.

#### Learning Objectives

- 1.a. Discuss common ethical dilemmas in substance abuse professions.
- 1.b. Determine when to seek consultation due to an ethical dilemma.

### 2. Demonstrate effective communication skills in a professional substance abuse setting.

#### Assessment Strategies

- 2.1. Interview
- 2.2. Role Play

#### Criteria

*You will know you are successful when:*

- 2.1. You utilize appropriate body language..
- 2.2. You communicate with clear and appropriate language.
- 2.3. You use appropriate formatting, grammar, and referencing in all written communication.
- 2.4. You ask follow up questions during an interview.

#### Learning Objectives

- 2.a. Demonstrate effective nonverbal communication skills.
- 2.b. Demonstrate effective verbal communication skills.
- 2.c. Demonstrate effective written communication skills.
- 2.d. Demonstrate effective listening skills needed for working with clients and professionals.

### 3. Summarize the effects of common drugs of abuse.

#### Assessment Strategies

- 3.1. Oral Presentation
- 3.2. Written Product

#### Criteria

- 3.1. You explain the physiological effect of tobacco, alcohol, marijuana, opiates, benzodiazepines, barbiturates, stimulants, hallucinogens, inhalants, steroids, or OTC analgesics.
- 3.2. You explain the psychological effects of tobacco, alcohol, marijuana, opiates, benzodiazepines, barbiturates, stimulants, hallucinogens, inhalants, steroids, or OTC analgesics.

- 3.3. You explain the social effects of tobacco, alcohol, marijuana, opiates, benzodiazepines, barbiturates, stimulants, hallucinogens, inhalants, steroids, or OTC analgesics.
- 3.4. You explain the emotional effects of tobacco, alcohol, marijuana, opiates, benzodiazepines, barbiturates, stimulants, hallucinogens, inhalants, steroids, or OTC analgesics.

#### **Learning Objectives**

- 3.a. Explore the physiological effects of alcohol and other drugs of abuse.
- 3.b. Explore the psychological effects of alcohol and other drugs of abuse.
- 3.c. Explore the social effects of alcohol and other drugs of abuse.
- 3.d. Explore the emotional effects of alcohol and other drugs of abuse.

### **4. Examine the assessment process with substance use disorders.**

#### **Assessment Strategies**

- 4.1. Case Study
- 4.2. Role Play

#### **Criteria**

*You will know you are successful when:*

- 4.1. You utilize the DSM-5 to locate diagnostic criteria.
- 4.2. You complete a Wisconsin Uniformed Placement Criteria.
- 4.3. You recognize how culture impacts the assessment process.
- 4.4. You use an agency diagnostic assessment tool and CAGE.
- 4.5. You identify the difference between a screening tool versus a diagnostic assessment.

#### **Learning Objectives**

- 4.a. Describe diagnostic criteria for substance use disorders.
- 4.b. Examine placement criteria for substance use disorders.
- 4.c. Examine how culture impacts the assessment process.
- 4.d. Apply screening tools.

### **5. Explain support services for substance use disorders.**

#### **Assessment Strategies**

- 5.1. Case Study
- 5.2. Exam

#### **Criteria**

*You will know you are successful when:*

- 5.1. You locate local, state, and federal resources and referral agencies.
- 5.2. You describe the roles of direct care providers.
- 5.3. You translate a treatment plan into action steps.
- 5.4. You can identify the difference between primary, secondary and tertiary settings.

#### **Learning Objectives**

- 5.a. Explore community resources and referrals for clients.
- 5.b. Describe the components of a treatment plan
- 5.c. Determine how to implement a treatment plan.
- 5.d. Explore the difference between primary, secondary and tertiary treatment settings.

### **6. Analyze substance abuse theories and models.**

#### **Assessment Strategies**

- 6.1. Exam
- 6.2. Case Study
- 6.3. Written Product

#### **Criteria**

*You will know you are successful when:*

- 6.1. You can describe historical theories and models related to substance abuse.
- 6.2. You can describe current best practices.
- 6.3. You can identify multiple protective and at-risk factors.
- 6.4. You identify the strengths of two different prevention models.

6.5. You identify the challenges of prevention models.

#### **Learning Objectives**

- 6.a. Examine theories and model for the practice of substance abuse counseling.
- 6.b. Examine theories and models relative to etiology of addiction.
- 6.c. Examine prevention models.
- 6.d. Examine protective factors and predispositions for substance use disorders.

### **7. Evaluate one's ability to work with populations using or recovering from substance use.**

#### **Assessment Strategies**

- 7.1. Reflection
- 7.2. Class activity
- 7.3. Self Assessment

#### **Criteria**

- 7.1. You articulate your personal beliefs.
- 7.2. You recognize beliefs based on inaccurate information.
- 7.3. You articulate the origin of your personal beliefs.
- 7.4. You articulate your personal experience regarding substance use.
- 7.5. You describe strengths that you can use in a professional setting.
- 7.6. You describe changes in personal beliefs.
- 7.7. You articulate your concerns, desires or lack of desires to work with individuals impacted by alcohol or other drugs.

#### **Learning Objectives**

- 7.a. Examine personal beliefs that may interfere with substance abuse work.
- 7.b. Examine personal beliefs that may assist with substance abuse work.
- 7.c. Identify personal bias.
- 7.d. Examine your personal experience regarding substance use.
- 7.e. Identify your personal strengths that will assist with substance abuse work.

### **8. Determine cultural aspects related to substance use and treatment.**

#### **Assessment Strategies**

- 8.1. Reflection
- 8.2. Class activity

#### **Criteria**

*You will know you are successful when:*

- 8.1. You describe the impact culture has on treatment options.
- 8.2. You describe the role culture plays in the development of substance use disorders.
- 8.3. You describe how substance use disorders presents differently based on cultural factors.
- 8.4. You describe how socio-economic status and gender impacts substance use disorders.
- 8.5. You describe how societal and institutional polices impact treatment options.

#### **Learning Objectives**

- 8.a. Explore how culture affects treatment options.
- 8.b. Explore how culture impacts development and presentation of substance use disorders.
- 8.c. Explore how privilege impacts substance use disorders.
- 8.d. Explore how policies impact substance abuse.

### **9. Explore co-morbidity between substance abuse and mental health disorders.**

#### **Assessment Strategies**

- 9.1. Exam
- 9.2. Written Product

#### **Criteria**

*You will know you are successful when:*

- 9.1. You explain three or more physical, emotional and logistical challenges.
- 9.2. You identify most commonly diagnosed mental health substance abuse combinations.
- 9.3. You describe the pros and cons for using medication for treatment of co-morbid diagnoses.

### **Learning Objectives**

- 9.a. You examine medication's role.
- 9.b. You examine common co-occurring disorders.
- 9.c. You explain the challenges faced by people with co-morbid diagnoses.

## **10. Examine credentialing process for substance abuse professionals. [delete]**

### **Assessment Strategies**

- 10.1. Class activity
- 10.2. Exam

### **Criteria**

- 10.1. You locate entry level credentials and requirements for Minnesota and Wisconsin.
- 10.2. You locate advanced credentials and requirements for Minnesota and Wisconsin.
- 10.3. You describe an Outreach Specialist.
- 10.4. You describe the history of substance abuse counseling credentialing.

### **Learning Objectives**

- 10.a. Examine history of substance abuse counseling credentialing.
- 10.b. Examine the credentialing process and requirements for Minnesota substance abuse professionals.
- 10.c. Examine the credentialing process and requirements for Wisconsin substance abuse professionals.