



Western Technical College

10514176 OT Theory and Practice

Course Outcome Summary

Course Information

Description	Examines the theoretical foundations that guide Occupational Therapy (OT) practice. Apply group dynamics and demonstrate leadership skills.
Career Cluster	Health Science
Instructional Level	Associate Degree Courses
Total Credits	3
Total Hours	72

Pre/Corequisites

Prerequisite 10514171 Introduction to Occupational Therapy

Textbooks

The OTA's Guide to Documentation: Writing SOAP Notes. 5th Edition. Copyright 2023. Morreale, Marie J. and Sherry Borcharding. Publisher: Slack Inc. **ISBN-13:** 978-1-6382-2036-7. Required.

Group Dynamics in Occupational Therapy. 5th Edition. Copyright 2018. Cole, Marilyn B. Publisher: Slack Inc. **ISBN-13:** 978-1-63091-367-0. Required.

Occupational Therapy Practice Framework: Domain & Process. 4th Edition. Copyright 2020. American Occupational Therapy Association, Inc. Publisher: American Occupational Therapy Association, Inc. **ISBN-13:** 978-1-56900-488-3. Required.

Occupation-Based Activity Analysis. 3rd Edition. Copyright 2022. Thomas, Heather. Publisher: Slack Inc. **ISBN-13:** 978-1-6309-1890-3. Required.

Success Abilities

1. Cultivate Passion: Expand a Growth-Mindset
2. Cultivate Passion: Increase Self-Awareness
3. Live Responsibly: Foster Accountability
4. Refine Professionalism: Participate Collaboratively
5. Refine Professionalism: Practice Effective Communication

Program Outcomes

1. Practice within the distinct role and responsibility of the occupational therapy assistant
2. Serve a diverse population in a variety of systems that are consistent with entry level practice
3. Apply occupational therapy principles and intervention tools to achieve expected outcomes
4. Demonstrate professional behaviors, ethical standards, values, and attitudes of the occupational therapy profession

Course Competencies

1. Apply OT frames of references related to physical rehab practice

Assessment Strategies

- 1.1. in an oral, written, or graphic application of the OT frames of reference

Criteria

Your performance will be successful when:

- 1.1. you examine the history of the theory
- 1.2. you identify the assumptions of the theory
- 1.3. you identify assessments related to the theory
- 1.4. you explain interventions used
- 1.5. you identify the appropriate settings and populations for implementing the theory

Learning Objectives

- 1.a. The linked external standards are the focus learning objectives for this competency.

2. Apply OT frames of reference related to psychosocial practice

Assessment Strategies

- 2.1. in an oral, written, or graphic application of the OT frames of reference

Criteria

Your performance will be successful when:

- 2.1. you examine the history of the theory
- 2.2. you identify the assumptions of the theory
- 2.3. you identify assessments related to the theory
- 2.4. you explain interventions used
- 2.5. you identify the appropriate settings and populations for implementing the theory

Learning Objectives

- 2.a. The linked external standards are the focus learning objectives for this competency.

3. Apply OT frames of reference related to pediatric practice

Assessment Strategies

- 3.1. in an oral, written, or graphic application of the OT frames of reference

Criteria

Your performance will be successful when:

- 3.1. you examine the history of the theory
- 3.2. you identify the assumptions of the theory
- 3.3. you identify assessments related to the theory
- 3.4. you explain interventions used
- 3.5. you identify the appropriate settings and populations for implementing the theory

Learning Objectives

- 3.a. The linked external standards are the focus learning objectives for this competency.

4. Apply OT frames of reference related to occupation-based models

Assessment Strategies

- 4.1. in an oral, written, or graphic application of the OT frames of reference

Criteria

Your performance will be successful when:

- 4.1. you examine the history of the theory
- 4.2. you identify the assumptions of the theory
- 4.3. you identify assessments related to the theory
- 4.4. you explain interventions used
- 4.5. you identify the appropriate settings and populations for implementing the theory

Learning Objectives

- 4.a. The linked external standards are the focus learning objectives for this competency.

5. Document occupational therapy services to ensure accountability

Assessment Strategies

- 5.1. through a written assessment requiring documentation

Criteria

Your performance will be successful when:

- 5.1. you explore documentation in different practice settings
- 5.2. you identify types of documentation specific to OT process
- 5.3. you utilize Practice Framework terminology
- 5.4. you utilize medical terminology and abbreviations
- 5.5. you formulate functional and measurable goals
- 5.6. you follow document protocol

Learning Objectives

- 5.a. The linked external standards are the focus learning objectives for this competency.

6. Analyze group dynamics

Assessment Strategies

- 6.1. through written, oral or graphic assessment

Criteria

Your performance will be successful when:

- 6.1. you differentiate process and task elements of a group
- 6.2. you identify group roles
- 6.3. you identify leadership styles used in groups
- 6.4. you describe stages of group development
- 6.5. you describe the impact of behaviors on group dynamics

Learning Objectives

- 6.a. The linked external standards are the focus learning objectives for this competency.

7. Design group protocols

Assessment Strategies

- 7.1. by designing group protocols (format may be written or graphic)

Criteria

Your performance will be successful when:

- 7.1. protocol identifies group eligibility requirements
- 7.2. protocol includes group goals
- 7.3. protocol describes group activity
- 7.4. protocol is related to a frame of reference

Learning Objectives

- 7.a. The linked external standards are the focus learning objectives for this competency.

8. **Demonstrate group leadership and facilitation skills related to various practice areas (i.e. physical rehab, psychosocial, pediatric, geriatric)**

Assessment Strategies

- 8.1. by leading groups and/or evaluating group leadership

Criteria

Your performance will be successful when:

- 8.1. you follow the rubric/checklist provided by your instructor

Learning Objectives

- 8.a. The linked external standards are the focus learning objectives for this competency.

9. **Use evidence based practice to guide the OT process**

Assessment Strategies

- 9.1. through an oral, written, graphic assessment

Criteria

Your performance will be successful when:

- 9.1. you identify the role of the OTA in evidence based practice
- 9.2. you examine professional literature for evidence based practice
- 9.3. you critique professional literature related to occupation based intervention
- 9.4. you summarize results related to literature review
- 9.5. you present your findings

Learning Objectives

- 9.a. The linked external standards are the focus learning objectives for this competency.