Western Technical College

10514176 Occupational Therapy Theory and Practice

Course Outcome Summary

Course Information

<table>
<thead>
<tr>
<th>Description</th>
<th>Examines the theoretical foundations that guide Occupational Therapy (OT) practice. Apply group dynamics and demonstrate leadership skills.</th>
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</thead>
<tbody>
<tr>
<td>Career</td>
<td>Health Science</td>
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<tr>
<td>Cluster</td>
<td></td>
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<tr>
<td>Instructional Level</td>
<td>Associate Degree Courses</td>
</tr>
<tr>
<td>Total Credits</td>
<td>3.00</td>
</tr>
<tr>
<td>Total Hours</td>
<td>72.00</td>
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</tbody>
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Types of Instruction

<table>
<thead>
<tr>
<th>Instruction Type</th>
<th>Credits/Hours</th>
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<tbody>
<tr>
<td>Lecture</td>
<td>2 CR / 36 HR</td>
</tr>
<tr>
<td>Lab</td>
<td>1 CR / 36 HR</td>
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Course History

| Last Approval Date | 1/20/2016 |

Pre/Corequisites

<table>
<thead>
<tr>
<th>Prerequisite</th>
<th>10514171 Introduction to Occupational Therapy</th>
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<tbody>
<tr>
<td>Prerequisite</td>
<td>10514173 Activity Analysis/Applications</td>
</tr>
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Textbooks


Core Abilities

1. **Demonstrate ability to value self and work ethically with others in a diverse population.**
   
   **Status**  
   **Active**

2. **Make decisions that incorporate the importance of sustainability.**

   **Status**  
   **Active**

3. **Use effective communication skills.**

   **Status**  
   **Active**

Program Outcomes

1. **Practice within the distinct role and responsibility of the occupational therapy assistant**

   **Status**  
   **Active**

   **Summative Assessment Strategies**
   
   1. **Fieldwork Performance Evaluation for the Occupational Therapy Assistant Student**

   **Criteria**
   
   1.1. Communicate the roles of the OTA to clients, families significant others and service providers
   1.2. Produce clear and accurate documentation

2. **Serve a diverse population in a variety of systems that are consistent with entry level practice**

   **Status**  
   **Active**

   **Summative Assessment Strategies**
   
   2.1. **Fieldwork Performance Evaluation for the Occupational Therapy Assistant Student**

   **Criteria**
   
   2.1. Demonstrate respect for diversity factors of others

3. **Apply occupational therapy principles and intervention tools to achieve expected outcomes**

   **Status**  
   **Active**

   **Summative Assessment Strategies**
   
   3.1. **Fieldwork Performance Evaluation for the Occupational Therapy Assistant Student**

   **Criteria**
   
   3.1. Gather relevant data regarding a client
   3.2. Administer assessments
   3.3. Assist with interpreting assessment
   3.4. Reports results of assessments
   3.5. Establish client centered and occupation based goals
   3.6. Plan interventions
   3.7. Select and sequence relevant interventions that promote the client’s ability to engage in occupations
   3.8. Implement occupation-based interventions
   3.9. Perform activity analysis
   3.10. Modify the intervention plan based on client status
4. **Demonstrate professional behaviors, ethical standards, values, and attitudes of the occupational therapy profession**

   *Status*  
   Active

**Summative Assessment Strategies**

4.1. Fieldwork Performance Evaluation for the Occupational Therapy Assistant Student

**Criteria**

4.1. Adhere consistently to the AOTA code of ethics and site policies and procedures
4.2. Adhere to safety regulations
4.3. Interact with clients to facilitate the accomplishment of established goals
4.4. Communicate verbally and nonverbally with clients, families, significant others, colleague, and service providers
4.5. Demonstrate professional work behaviors including initiative, preparedness, dependability, and work site maintenance
4.6. Demonstrate effective time management
4.7. Demonstrate positive interpersonal skills
4.8. Respond constructively to feedback

**External Standards**

- **Title**: 2011 Accreditation Council for Occupational Therapy Education (ACOTE®) Standards
- **Version/Date**: 2011
- **Association Status**: Active
- **Sponsoring Organization**: Accreditation Council for Occupational Therapy Education (ACOTE®)

**Description**

ACCREDITATION STANDARDS FOR AN ASSOCIATE-DEGREE-LEVEL EDUCATIONAL PROGRAM FOR THE OCCUPATIONAL THERAPY ASSISTANT

**Target Standards**

B.1.3. Demonstrate knowledge and understanding of the concepts of human behavior to include the behavioral and social sciences (e.g., principles of psychology, sociology, abnormal psychology) and occupational science.

B.1.7. Articulate the importance of using statistics, tests, and measurements for the purpose of delivering evidence-based practice.

B.2.7. Demonstrate task analysis in areas of occupation, performance skills, performance patterns, activity demands, context(s) and environments, and client factors to implement the intervention plan.

B.3.1. Describe basic features of the theories that underlie the practice of occupational therapy.

B.3.2. Describe basic features of models of practice and frames of reference that are used in occupational therapy.

B.4.10. Document occupational therapy services to ensure accountability of service provision and to meet standards for reimbursement of services, adhering to the requirements of applicable facility, local, state, federal, and reimbursement agencies. Documentation must effectively communicate the need and rationale for occupational therapy services.

B.5.4. Implement group interventions based on principles of group development and group dynamics across the lifespan.

B.5.7. Demonstrate therapeutic use of self, including one's personality, insights, perceptions, and judgments, as part of the therapeutic process in both individual and group interaction.

B.8.2. Effectively locate and understand information, including the quality of the source of information.
B.8.3. Use professional literature to make evidence-based practice decisions in collaboration with the occupational therapist.

B.8.8. Demonstrate the skills to read and understand a scholarly report.

Course Competencies

1. **Apply OT frames of references related to physical rehab practice**
   
   **Domain**  |  **Cognitive**  |  **Level**  |  **Application**  |  **Status**  |  **Active**
   1. **Apply OT frames of references related to physical rehab practice**
   
   **Linked External Standards**
   
   B.1.3. Demonstrate knowledge and understanding of the concepts of human behavior to include the behavioral and social sciences (e.g., principles of psychology, sociology, abnormal psychology) and occupational science.
   
   B.3.1. Describe basic features of the theories that underlie the practice of occupational therapy.
   
   B.3.2. Describe basic features of models of practice and frames of reference that are used in occupational therapy.
   
   **Assessment Strategies**
   
   1. in an oral, written, or graphic application of the OT frames of reference
   
   **Criteria**
   
   *Your performance will be successful when:*
   
   1. you examine the history of the theory
   2. you identify the assumptions of the theory
   3. you identify assessments related to the theory
   4. you explain interventions used
   5. you identify the appropriate settings and populations for implementing the theory

2. **Apply OT frames of reference related to psychosocial practice**
   
   **Domain**  |  **Cognitive**  |  **Level**  |  **Application**  |  **Status**  |  **Active**
   1. **Apply OT frames of reference related to psychosocial practice**
   
   **Linked External Standards**
   
   B.1.3. Demonstrate knowledge and understanding of the concepts of human behavior to include the behavioral and social sciences (e.g., principles of psychology, sociology, abnormal psychology) and occupational science.
   
   B.3.1. Describe basic features of the theories that underlie the practice of occupational therapy.
   
   B.3.2. Describe basic features of models of practice and frames of reference that are used in occupational therapy.
   
   **Assessment Strategies**
   
   2. in an oral, written, or graphic application of the OT frames of reference
   
   **Criteria**
   
   *Your performance will be successful when:*
   
   2. you examine the history of the theory
   3. you identify the assumptions of the theory
   4. you identify assessments related to the theory
   5. you explain interventions used
   6. you identify the appropriate settings and populations for implementing the theory

3. **Apply OT frames of reference related to pediatric practice**
   
   **Domain**  |  **Cognitive**  |  **Level**  |  **Application**  |  **Status**  |  **Active**
   1. **Apply OT frames of reference related to pediatric practice**
   
   **Linked External Standards**
   
   B.1.3. Demonstrate knowledge and understanding of the concepts of human behavior to include the behavioral and social sciences (e.g., principles of psychology, sociology, abnormal psychology) and occupational science.
   
   B.3.1. Describe basic features of the theories that underlie the practice of occupational therapy.
B.3.2. Describe basic features of models of practice and frames of reference that are used in occupational therapy.

Assessment Strategies
3.1. in an oral, written, or graphic application of the OT frames of reference

Criteria
Your performance will be successful when:
3.1. you examine the history of the theory
3.2. you identify the assumptions of the theory
3.3. you identify assessments related to the theory
3.4. you explain interventions used
3.5. you identify the appropriate settings and populations for implementing the theory

4. Apply OT frames of reference related to occupation-based models

Domain Cognitive Level Application Status Active

Linked External Standards
B.1.3. Demonstrate knowledge and understanding of the concepts of human behavior to include the behavioral and social sciences (e.g., principles of psychology, sociology, abnormal psychology) and occupational science.
B.3.1. Describe basic features of the theories that underlie the practice of occupational therapy.
B.3.2. Describe basic features of models of practice and frames of reference that are used in occupational therapy.

Assessment Strategies
4.1. in an oral, written, or graphic application of the OT frames of reference

Criteria
Your performance will be successful when:
4.1. you examine the history of the theory
4.2. you identify the assumptions of the theory
4.3. you identify assessments related to the theory
4.4. you explain interventions used
4.5. you identify the appropriate settings and populations for implementing the theory

5. Document occupational therapy services to ensure accountability

Domain Cognitive Level Analysis Status Active

Linked External Standards
B.4.10. Document occupational therapy services to ensure accountability of service provision and to meet standards for reimbursement of services, adhering to the requirements of applicable facility, local, state, federal, and reimbursement agencies. Documentation must effectively communicate the need and rationale for occupational therapy services.

Assessment Strategies
5.1. through a written assessment requiring documentation

Criteria
Your performance will be successful when:
5.1. you explore documentation in different practice settings
5.2. you identify types of documentation specific to OT process
5.3. you utilize Practice Framework terminology
5.4. you utilize medical terminology and abbreviations
5.5. you formulate functional and measurable goals
5.6. you follow document protocol

6. Analyze group dynamics

Domain Psychomotor Level Practice Status Active

Linked External Standards
B.5.4. Implement group interventions based on principles of group development and group dynamics across the lifespan.

Assessment Strategies
6.1. through written, oral or graphic assessment

Criteria

Your performance will be successful when:
6.1. you differentiate process and task elements of a group
6.2. you identify group roles
6.3. you identify leadership styles used in groups
6.4. you describe stages of group development
6.5. you describe the impact of behaviors on group dynamics

7. Design group protocols

Linked External Standards
B.2.7. Demonstrate task analysis in areas of occupation, performance skills, performance patterns, activity demands, context(s) and environments, and client factors to implement the intervention plan.
B.5.4. Implement group interventions based on principles of group development and group dynamics across the lifespan.
B.8.2. Effectively locate and understand information, including the quality of the source of information.

Assessment Strategies
7.1. by designing group protocols (format may be written or graphic)

Criteria

Your performance will be successful when:
7.1. protocol identifies group eligibility requirements
7.2. protocol includes group goals
7.3. protocol describes group activity
7.4. protocol is related to a frame of reference

8. Demonstrate group leadership and facilitation skills related to various practice areas (i.e. physical rehab, psychosocial, pediatric, geriatric)

Linked External Standards
B.5.4. Implement group interventions based on principles of group development and group dynamics across the lifespan.
B.5.7. Demonstrate therapeutic use of self, including one's personality, insights, perceptions, and judgments, as part of the therapeutic process in both individual and group interaction.

Assessment Strategies
8.1. by leading groups and/or evaluating group leadership

Criteria

Your performance will be successful when:
8.1. you follow the rubric/checklist provided by your instructor

9. Use evidence based practice to guide the OT process

Linked External Standards
B.1.7. Articulate the importance of using statistics, tests, and measurements for the purpose of delivering evidence-based practice.
B.8.2. Effectively locate and understand information, including the quality of the source of information.
B.8.3. Use professional literature to make evidence-based practice decisions in collaboration with the
occupational therapist.
B.8.8. Demonstrate the skills to read and understand a scholarly report.

Assessment Strategies
9.1. through an oral, written, graphic assessment

Criteria

Your performance will be successful when:
9.1. you identify the role of the OTA in evidence based practice
9.2. you examine professional literature for evidence based practice
9.3. you critique professional literature related to occupation based intervention
9.4. you summarize results related to literature review
9.5. you present your findings