



Western Technical College

10514175 Psychosocial Practice

Course Outcome Summary

Course Information

Description	Examines the role of the Occupational Therapist (OT) in the service delivery to individuals affected by mental health conditions. Provides opportunity for development of skills related to the assessment and interventions of psychosocial needs.
Career Cluster	Health Science
Instructional Level	Associate Degree Courses
Total Credits	3
Total Hours	81

Pre/Corequisites

Prerequisite	10514172 Medical and Psychosocial Conditions
Pre/Corequisite	10514174 OT Performance Skills
Pre/Corequisite	10514176 OT Theory and Practice

Textbooks

Mental Health Concepts & Techniques for the OTA - With Access. 5th Edition. Copyright 2017. Early, Mary Beth. Publisher: Lippincott Williams & Wilkins. **ISBN-13:** 978-1-4963-0962-4. Required.

Occupational Therapy Practice Framework: Domain & Process. 4th Edition. Copyright 2020. American Occupational Therapy Association, Inc. Publisher: American Occupational Therapy Association, Inc. **ISBN-13:** 978-1-56900-488-3. Required.

The OTA's Guide to Documentation: Writing SOAP Notes. 5th Edition. Copyright 2023. Morreale, Marie J. and Sherry Borcharding. Publisher: Slack Inc. **ISBN-13:** 978-1-6382-2036-7. Required.

Simucase Subscription OTA 10-514-175 – 1 Year. Publisher: Simucase. Required.

Success Abilities

1. Cultivate Passion: Enhance Personal Connections
2. Live Responsibly: Develop Resilience
3. Live Responsibly: Foster Accountability
4. Refine Professionalism: Act Ethically
5. Refine Professionalism: Improve Critical Thinking
6. Refine Professionalism: Participate Collaboratively
7. Refine Professionalism: Practice Effective Communication

Program Outcomes

1. Practice within the distinct role and responsibility of the occupational therapy assistant
2. Serve a diverse population in a variety of systems that are consistent with entry level practice
3. Apply occupational therapy principles and intervention tools to achieve expected outcomes
4. Demonstrate professional behaviors, ethical standards, values, and attitudes of the occupational therapy profession
5. Advocate for the profession, services, and consumers

Course Competencies

1. Examine the service delivery models for OT within mental health

Assessment Strategies

- 1.1. through an oral, written or graphic assessment
- 1.2. by locating local community resources available for mental health delivery

Criteria

Your performance will be successful when:

- 1.1. you use terminology consistent with service delivery models
- 1.2. you articulate differences and similarities between practice settings/systems
- 1.3. you evaluate contextual factors such as culture, economics, and ethnic background in mental health care delivery
- 1.4. you describe the OTA scope of practice (including advocate, educator, supervisor, etc.)
- 1.5. you examine the role of the OTA within the health care team
- 1.6. you articulate the unique nature of OT within psychosocial practice
- 1.7. you examine legislative issues and care provider concerns related to psychosocial systems

Learning Objectives

- 1.a. Legal system
- 1.b. Prisons
- 1.c. Shelters
- 1.d. Patient rights

- 1.e. Long term care
- 1.f. Background of mental health/history
- 1.g. Stigma
- 1.h. The linked external standards are the focus learning objectives for this competency.

2. Administer mental health assessments based on patient (client) profile as appropriate to the OTA role

Assessment Strategies

- 2.1. in oral, written, graphic assessments
- 2.2. by demonstrating skills as specified by the instructor
- 2.3. in practice labs with video, printed case histories

Criteria

Your performance will be successful when:

- 2.1. you describe the purpose of the of the assessment tool
- 2.2. you gather assessment data
- 2.3. you examine assessment data related to mental health diagnosis
- 2.4. you document observations of the client's behavior and skills
- 2.5. you administer at least one occupation based screening or assessment
- 2.6. you examine related diagnostic systems such as DSM-IV

Learning Objectives

- 2.a. The linked external standards are the focus learning objectives for this competency.

3. Perform assessments and selected activities related to communication/interaction skills

Assessment Strategies

- 3.1. by performing communication/interaction skills assessments
- 3.2. in the laboratory
- 3.3. through a case study

Criteria

Your performance will be successful when:

- 3.1. you recognize verbal and non-verbal communication
- 3.2. you position yourself and client
- 3.3. you verbalize an explanation of the process as you perform it
- 3.4. you select appropriate activity
- 3.5. you apply intervention relative to communication limitation
- 3.6. you accurately document

Learning Objectives

- 3.a. The linked external standards are the focus learning objectives for this competency.

4. Evaluate the impact of mental health conditions on occupational performance

Assessment Strategies

- 4.1. through a reflection via oral, written, graphic presentation

Criteria

Your performance will be successful when:

- 4.1. you examine context as it relates to psychosocial practice areas (for example, culture, spiritual, etc.)
- 4.2. you analyze issues related to diverse groups
- 4.3. you differentiate symptomatology across the lifespan
- 4.4. you examine performance (areas, skills and patterns) for a variety of diagnoses as they relate to psychosocial practice areas
- 4.5. you apply the psychosocial OT frames of reference to appropriate settings and populations

Learning Objectives

- 4.a. The linked external standards are the focus learning objectives for this competency.
- 4.b. Culture
- 4.c. Diversity

4.d. Variety diagnosis

5. Use safety precautions and procedures for OT mental health processes

Assessment Strategies

- 5.1. through an oral, written, graphic presentation
- 5.2. through lab participation

Criteria

Your performance will be successful when:

- 5.1. you demonstrate basic personal safety skills for a variety of psychosocial practice areas (sharps, etc.)
- 5.2. you demonstrate active listening, verbal support, and de-escalation techniques
- 5.3. you interpret nonverbal behaviors
- 5.4. you demonstrate crisis intervention techniques
- 5.5. you demonstrate knowledge of state regulations and laws
- 5.6. you articulate the importance of patient rights and facility policies in psychosocial practice
- 5.7. you verbally demonstrate setting and enforcing clear and consistent limits

Learning Objectives

- 5.a. The linked external standards are the focus learning objectives for this competency.
- 5.b. Crises intervention techniques
- 5.c. State regulations and laws
- 5.d. Patient rights
- 5.e. Facility policies

6. Identify effects, side effects and precautions for psychotropic medications

Assessment Strategies

- 6.1. by identifying and describing psychotropic medication and their side effects
- 6.2. through oral, written, graphic presentation

Criteria

Your performance will be successful when:

- 6.1. you demonstrate a basic understanding of psychotropic medications and somatic treatments, and their side effects
- 6.2. you identify medications that are effective for treatment of diagnostic categories
- 6.3. you describe accommodations for medication side effects

Learning Objectives

- 6.a. The linked external standards are the focus learning objectives for this competency.

7. Demonstrate application of therapeutic techniques

Assessment Strategies

- 7.1. through classroom discussion
- 7.2. through an oral, written, graphic performance
- 7.3. through lab participation

Criteria

Your performance will be successful when:

- 7.1. you demonstrate therapeutic use of self
- 7.2. you adapt the approach to the individual
- 7.3. you adapt the environment to enhance success
- 7.4. you choose activities to meet individual interests and needs
- 7.5. you explore effective responses to mental health symptoms
- 7.6. you display the ability to appropriately assess a situation and respond to the behaviors presented

Learning Objectives

- 7.a. The linked external standards are the focus learning objectives for this competency.
- 7.b. Suicide prevention
- 7.c. Aggressive behavior
- 7.d. AODA
- 7.e. Medications

7.f. Manage systems commonly seen in mental illness

8. Develop an intervention plan related to psychosocial frames of reference, models, or theories

Assessment Strategies

- 8.1. by identifying interventions related to a variety of psychosocial diagnoses
- 8.2. by discussion and lab display
- 8.3. by developing an intervention plan for a designated diagnosis(es)

Criteria

Your performance will be successful when:

- 8.1. plan includes therapeutic approach
- 8.2. plan includes environmental modifications
- 8.3. plan includes activities appropriate for intervention
- 8.4. plan includes appropriate responses to behavior
- 8.5. plan includes goals/interventions relevant to the diagnosis, context, expected function and frame of reference identified
- 8.6. plan is based on client profile

Learning Objectives

- 8.a. The linked external standards are the focus learning objectives for this competency.

9. Demonstrate documentation skills related to psychosocial practice

Assessment Strategies

- 9.1. through completion of documentation tasks using case study, video, observations or other means
- 9.2. through oral, written, graphic performance

Criteria

Your performance will be successful when:

- 9.1. you explore documentation in different practice settings
- 9.2. you complete screens, checklists, standardized formats for the psychosocial population
- 9.3. you utilize Practice Framework terminology
- 9.4. you utilize medical and practice specific terminology and abbreviations
- 9.5. you formulate measurable goals
- 9.6. you document according to specific type and format (progress note, SOAP, etc.)

Learning Objectives

- 9.a. The linked external standards are the focus learning objectives for this competency.