Western Technical College

10514174 Occupational Therapy Performance Skills

Course Outcome Summary

Course Information

| Description                                                                 | Emphasis on the development of skills related to assessment and intervention in the areas of sensory, motor, cognition and communication. |
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| Career Cluster                                                            | Health Science                                                          |
| Instructional Level                                                       | Associate Degree Courses                                                |
| Total Credits                                                              | 4                                                                       |

Textbooks


Learner Supplies

Scrub uniform. **Vendor:** To be discussed in class. Required.

Course Competencies

1. Differentiate oral/facial muscles
Assessment Strategies
1.1. by performing a demonstration
1.2. by identifying specific muscles from graphics
1.3. in a written, oral or graphic assessment

2. Differentiate upper extremity muscles
Assessment Strategies
2.1. by performing a demonstration
2.2. by identifying specific muscles from graphics
2.3. written, oral or graphic assessment

3. Differentiate muscles for posture and mobility
Assessment Strategies
3.1. demonstrate muscle or boney palpation
3.2. by identifying specific muscles from graphics
3.3. through a written, oral or graphic assessment

4. Apply general anatomical terminology to the human body
Assessment Strategies
4.1. through a written, oral or graphic assessment

Learning Objectives
4.a. planes
4.b. anatomical language
4.c. review of skeletal
4.d. ROM
4.e. directional terms
4.f. abbreviations

5. Perform range of motion
Assessment Strategies
5.1. by completing a range of motion assessment
5.2. in the laboratory

6. Perform manual muscle testing
Assessment Strategies
6.1. by completing a manual muscle testing assessment
6.2. in the laboratory

7. Demonstrate safe body mechanics
Assessment Strategies
7.1. by demonstrating safe body mechanics for activities such as: bed positioning, transfers, and lifting,
7.2. in the laboratory

Learning Objectives
7.a. Wheelchair
7.b. bed positioning

8. Perform assessments related to visual motor and visual perceptual function
Assessment Strategies
8.1. by completing visual motor testing
8.2. by completing visual perceptual testing
8.3. through a case study in the laboratory

9. Perform assessments related to cognitive function
Assessment Strategies
9.1. by completing a cognitive assessment
9.2. in the laboratory
9.3. using a case study
10. **Perform assessments related to motor function**

   Assessment Strategies
   10.1. by completing motor function screening and assessment - grip, pinch and coordination
   10.2. by completing a balance assessment
   10.3. by completing a trunk control assessment

11. **Perform assessments related to sensory function**

   Assessment Strategies
   11.1. by completing sensory testing
   11.2. in the laboratory
   11.3. through a case study