



Western Technical College

10514171 Introduction to Occupational Therapy

Course Outcome Summary

Course Information

Description	Provides an overview of history, philosophy, ethics, and scope of occupational therapy practice. Examines legal responsibilities, professional resources, and organization. Students practice basic skills related to therapeutic relationships and determine their own suitability to a career in occupational therapy.
Career Cluster	Health Science
Instructional Level	Associate Degree Courses
Total Credits	3
Total Hours	54

Textbooks

Willard and Spackman's Occupational Therapy – with Access. 13th Edition. Copyright 2019. Schell, Barbara and Glen Gillen. Publisher: Lippincott Williams & Wilkins. **ISBN-13:** 978-1-975106-58-4. Required.

Occupational Therapy Practice Framework: Domain & Process. 4th Edition. Copyright 2020. American Occupational Therapy Association, Inc. Publisher: American Occupational Therapy Association, Inc. **ISBN-13:** 978-1-56900-488-3. Required.

Success Abilities

1. Cultivate Passion: Enhance Personal Connections
2. Cultivate Passion: Expand a Growth-Mindset
3. Cultivate Passion: Increase Self-Awareness
4. Live Responsibly: Develop Resilience
5. Live Responsibly: Embrace Sustainability

6. Live Responsibly: Foster Accountability
7. Refine Professionalism: Act Ethically
8. Refine Professionalism: Improve Critical Thinking
9. Refine Professionalism: Participate Collaboratively
10. Refine Professionalism: Practice Effective Communication

Program Outcomes

1. Practice within the distinct role and responsibility of the occupational therapy assistant
2. Serve a diverse population in a variety of systems that are consistent with entry level practice
3. Apply occupational therapy principles and intervention tools to achieve expected outcomes
4. Demonstrate professional behaviors, ethical standards, values, and attitudes of the occupational therapy profession

Course Competencies

1. Explore the scope of practice in delivery systems for an OT

Assessment Strategies

- 1.1. through experience with practicing therapists
- 1.2. through a reflection (format may be oral, written, or graphic)

Criteria

Your performance will be successful when:

- 1.1. you identify the practice areas
- 1.2. you identify OTA domain and process within real-world practice settings
- 1.3. you verify whether or not OTA is an appropriate career choice for you
- 1.4. you relate the OTA role within practice areas
- 1.5. you relate how the OTA works with other team members

Learning Objectives

- 1.a. The linked external standards are the focus learning objectives for this competency.

2. Summarize the importance of the history and philosophy base of OT

Assessment Strategies

- 2.1. in a written, oral or graphic reflection

Criteria

Your performance will be successful when:

- 2.1. you trace the of history OT
- 2.2. you evaluate the congruence between the philosophical base of OT and your own value system
- 2.3. you describe the link between past history and current practice
- 2.4. you articulate current practice issues for the OTA
- 2.5. you compare the philosophy of OT and other professions in the field

Learning Objectives

- 2.a. The linked external standards are the focus learning objectives for this competency.

3. Examine the roles and responsibilities of an OTA

Assessment Strategies

- 3.1. in an oral, written, or graphic assessment

Criteria

Your performance will be successful when:

- 3.1. you include the job description
- 3.2. you includes an evaluation of the OTA scope of practice
- 3.3. you include the duties and responsibilities of an OTA
- 3.4. you include a comparison of education and roles between an OT and an OTA
- 3.5. you identify potential employers
- 3.6. you explore preparation for work in an academic setting

Learning Objectives

- 3.a. The linked external standards are the focus learning objectives for this competency.

4. Use professional resources and organizations

Assessment Strategies

- 4.1. through an oral, written, or graphic assessment

Criteria

Your performance will be successful when:

- 4.1. you describe student, state and national organizations for occupational therapy
- 4.2. you give examples of how the role of the OTA is enhanced by the organizations
- 4.3. you use and interpret OT acronyms
- 4.4. you access professional literature

Learning Objectives

- 4.a. The linked external standards are the focus learning objectives for this competency.

5. Articulate the Practice Framework: Domain

Assessment Strategies

- 5.1. by relating the domain to a real-world situation format may be oral, written, or graphic

Criteria

Your performance will be successful when:

- 5.1. articulation includes the definitions of the occupational therapy domain
- 5.2. you observe the elements of the domain in individuals utilizing the practice framework
- 5.3. you reflect on how the domain is evidenced in individuals

Learning Objectives

- 5.a. The linked external standards are the focus learning objectives for this competency.

6. Examine the Practice Framework: Process

Assessment Strategies

- 6.1. through an oral, written, or graphic assessment

Criteria

Your performance will be successful when:

- 6.1. you outline the sequence of the occupational therapy process
- 6.2. you define intervention approaches
- 6.3. you list the types of occupational therapy interventions
- 6.4. you explain the types of outcomes resulting from occupational therapy intervention

Learning Objectives

- 6.a. The linked external standards are the focus learning objectives for this competency.

7. Practice basic skills related to client centered practice

Assessment Strategies

- 7.1. by observing and documenting human behavior
- 7.2. by performing an interview

Criteria

Your performance will be successful when:

- 7.1. you use the Practice Framework to guide observations

- 7.2. you use the Practice Framework to guide interview
- 7.3. you collect relevant data
- 7.4. you document observations and interview according to guidelines provided by your instructor
- 7.5. you incorporate appropriate OT and medical terminology

Learning Objectives

- 7.a. The linked external standards are the focus learning objectives for this competency.

8. Examine regulatory and legal factors that affect OT practice

Assessment Strategies

- 8.1. through an oral, written, or graphic reflection

Criteria

Your performance will be successful when:

- 8.1. reflection includes the identification of the ethical issues related to OTA
- 8.2. reflection includes the identification of the initial and continuing national certification process
- 8.3. reflection includes the identification of the state requirements for initial and continuing licensure
- 8.4. reflection includes identification of various reimbursement systems

Learning Objectives

- 8.a. The linked external standards are the focus learning objectives for this competency.

9. Demonstrate therapeutic use of self

Assessment Strategies

- 9.1. through a skill demonstration

Criteria

Your performance will be successful when:

- 9.1. you establish a rapport with a client
- 9.2. you recognize your impact on the client
- 9.3. you use therapeutic communication skills such as active listening, assertiveness, empathy, and constructive feedback
- 9.4. you adjust your communication style to meet client needs

Learning Objectives

- 9.a. The linked external standards are the focus learning objectives for this competency.

10. Examine diversity issues in a variety of settings

Assessment Strategies

- 10.1. through an oral, written, or graphic analysis

Criteria

Your performance will be successful when:

- 10.1. you analyze health care issues related to diverse groups
- 10.2. you compare a variety of belief systems related to health, wellness and acceptance of intervention
- 10.3. you analyze how your biases and beliefs may impact your role as an OTA

Learning Objectives

- 10.a. The linked external standards are the focus learning objectives for this competency.