Western Technical College

10514171  Introduction to Occupational Therapy

Course Outcome Summary

Course Information

Description
Provides an overview of history, philosophy, ethics, and scope of occupational therapy practice. Examines legal responsibilities, professional resources, and organization. Students practice basic skills related to therapeutic relationships and determine their own suitability to a career in occupational therapy.

Career Cluster
Health Science

Instructional Level
Associate Degree Courses

Total Credits
3.00

Total Hours
54.00

Types of Instruction

Instruction Type
Lecture

Credits/Hours
3 CR / 54 HR

Course History

Last Approval Date
1/20/2016

Textbooks


Core Abilities

1. Demonstrate ability to value self and work ethically with others in a diverse population.
   Status: Active

2. Use technology effectively.
Program Outcomes

1. **Practice within the distinct role and responsibility of the occupational therapy assistant**
   
   **Status**  
   Active

   **Summative Assessment Strategies**

   1.1. Fieldwork Performance Evaluation for the Occupational Therapy Assistant Student

   **Criteria**

   1.1. Communicate the roles of the OTA to clients, families significant others and service providers
   1.2. Produce clear and accurate documentation

2. **Serve a diverse population in a variety of systems that are consistent with entry level practice**

   **Status**  
   Active

   **Summative Assessment Strategies**

   2.1. Fieldwork Performance Evaluation for the Occupational Therapy Assistant Student

   **Criteria**

   2.1. Demonstrate respect for diversity factors of others

3. **Apply occupational therapy principles and intervention tools to achieve expected outcomes**

   **Status**  
   Active

   **Summative Assessment Strategies**

   3.1. Fieldwork Performance Evaluation for the Occupational Therapy Assistant Student

   **Criteria**

   3.1. Gather relevant data regarding a client
   3.2. Administer assessments
   3.3. Assist with interpreting assessment
   3.4. Reports results of assessments
   3.5. Establish client centered and occupation based goals
   3.6. Plan interventions
   3.7. Select and sequence relevant interventions that promote the client's ability to engage in occupations
   3.8. Implement occupation-based interventions
   3.9. Perform activity analysis
   3.10. Modify the intervention plan based on client status

4. **Demonstrate professional behaviors, ethical standards, values, and attitudes of the occupational therapy profession**

   **Status**  
   Active

   **Summative Assessment Strategies**

   4.1. Fieldwork Performance Evaluation for the Occupational Therapy Assistant Student

   **Criteria**

   4.1. Adhere consistently to the AOTA code of ethics and site policies and procedures
   4.2. Adhere to safety regulations
   4.3. Interact with clients to facilitate the accomplishment of established goals
   4.4. Communicate verbally and nonverbally with clients, families, significant others, colleague, and service providers
   4.5. Demonstrate professional work behaviors including initiative, preparedness, dependability, and work site maintenance
   4.6. Demonstrate effective time management
   4.7. Demonstrate positive interpersonal skills
   4.8. Respond constructively to feedback

**External Standards**
ACCREDITATION STANDARDS FOR AN ASSOCIATE-DEGREE-LEVEL EDUCATIONAL PROGRAM FOR THE OCCUPATIONAL THERAPY ASSISTANT

Target Standards

B.1.4. Demonstrate knowledge and appreciation of the role of sociocultural, socioeconomic, and diversity factors and lifestyle choices in contemporary society (e.g., principles of psychology, sociology, and abnormal psychology).

B.1.5. Articulate the ethical and practical considerations that affect the health and wellness needs of those who are experiencing or are at risk for social injustice, occupational deprivation, and disparity in the receipt of services.

B.2.1. Articulate an understanding of the importance of the history and philosophical base of occupational therapy.

B.2.2. Describe the meaning and dynamics of occupation and activity, including the interaction of areas of occupation, performance skills, performance patterns, activity demands, context(s) and environments, and client factors.

B.2.3. Articulate to consumers, potential employers, colleagues, third-party payers, regulatory boards, policymakers, other audiences, and the general public both the unique nature of occupation as viewed by the profession of occupational therapy and the value of occupation support performance, participation, health, and well-being.

B.2.4. Articulate the importance of balancing areas of occupation with the achievement of health and wellness for the clients.

B.3.3. Discuss how occupational therapy history and occupational therapy theory, and the sociopolitical climate influence practice.

B.4.5. Articulate the role of the occupational therapy assistant and occupational therapist in the screening and evaluation process along with the importance of and rationale for supervision and collaborative work between the occupational therapy assistant and occupational therapist in that process.

B.5.22. Recognize and communicate the need to refer to specialists (both internal and external to the profession) for consultation and intervention.

B.6.1. Describe the contexts of health care, education, community, and social systems as they relate to the practice of occupational therapy.

B.7.1. Identify the impact of contextual factors on the management and delivery of occupational therapy services.

B.7.2. Identify the systems and structures that create federal and state legislation and regulations and their implications and effects on practice.

B.7.3. Demonstrate knowledge of applicable national requirements for credentialing and requirements for licensure, certification, or registration under state laws.

B.7.4. Demonstrate knowledge of various reimbursement systems (e.g., federal, state, third party, private payer) and documentation requirements that affect the practice of occupational therapy.
B.7.7. Identify strategies for effective, competency-based legal and ethical supervision of nonprofessional personnel.

B.8.1. Articulate the importance of how scholarly activities and literature contribute to the development of the profession.

B.8.7. Identify how scholarly activities can be used to evaluate professional practice, service delivery, and/or professional issues (e.g., Scholarship of Integration, Scholarship of Application, Scholarship of Teaching and Learning).

B.9.1. Demonstrate knowledge and understanding of the American Occupational Therapy Association (AOTA) Occupational Therapy Code of Ethics and Ethics Standards and AOTA Standards of Practice and use them as a guide for ethical decision making in professional interactions, client interventions, and employment settings.

B.9.2. Explain and give examples of how the role of a professional is enhanced by knowledge of and involvement in international, national, state, and local occupational therapy associations and related professional associations.

B.9.4. Discuss strategies for ongoing professional development to ensure that practice is consistent with current and accepted standards.

B.9.5. Identify professional responsibilities related to liability issues under current models of service provision.

B.9.7. Identify and appreciate the varied roles of the occupational therapy assistant as a practitioner, educator, and research assistant.

B.9.8. Identify and explain the need for supervisory roles, responsibilities, and collaborative professional relationships between the occupational therapist and the occupational therapy assistant.

B.9.10. Identify strategies for analyzing issues and making decisions to resolve personal and organizational ethical conflicts.

B.9.11. Identify the variety of informal and formal systems for resolving ethics disputes that have jurisdiction over occupational therapy practice.

B.9.13. Demonstrate professional advocacy by participating in organizations or agencies promoting the profession (e.g., AOTA, state occupational therapy associations, advocacy organizations).

Course Competencies

1. **Explore the scope of practice in delivery systems for an OT**

   | Domain | Cognitive Level | Understanding Status | Active
   |--------|-----------------|----------------------|-------
   | g      |                 |                      |       

   Linked Core Abilities
   Demonstrate ability to value self and work ethically with others in a diverse population.
   Use technology effectively.

   Linked Program Outcomes
   Practice within the distinct role and responsibility of the occupational therapy assistant

   Linked External Standards
   B.2.3. Articulate to consumers, potential employers, colleagues, third-party payers, regulatory boards, policymakers, other audiences, and the general public both the unique nature of occupation as viewed by the profession of occupational therapy and the value of occupation support performance, participation, health, and well-being.
   B.7.1. Identify the impact of contextual factors on the management and delivery of occupational therapy services.

Assessment Strategies

1.1. through experience with practicing therapists
1.2. through a reflection (format may be oral, written, or graphic)
Criteria

Your performance will be successful when:

1.1. you identify the practice areas
1.2. you identify OTA domain and process within real-world practice settings
1.3. you verify whether or not OTA is an appropriate career choice for you
1.4. you relate the OTA role within practice areas
1.5. you relate how the OTA works with other team members

2. Summarize the importance of the history and philosophy base of OT

Linked Core Abilities
Use technology effectively.

Linked Program Outcomes
Practice within the distinct role and responsibility of the occupational therapy assistant

Linked External Standards
B.2.1. Articulate an understanding of the importance of the history and philosophical base of occupational therapy.
B.2.4. Articulate the importance of balancing areas of occupation with the achievement of health and wellness for the clients.
B.3.3. Discuss how occupational therapy history and occupational therapy theory, and the sociopolitical climate influence practice.

Assessment Strategies
2.1. in a written, oral or graphic reflection

Criteria

Your performance will be successful when:

2.1. you trace the of history OT
2.2. you evaluate the congruence between the philosophical base of OT and your own value system
2.3. you describe the link between past history and current practice
2.4. you articulate current practice issues for the OTA
2.5. you compare the philosophy of OT and other professions in the field

3. Examine the roles and responsibilities of an OTA

Linked Core Abilities
Use technology effectively.

Linked Program Outcomes
Practice within the distinct role and responsibility of the occupational therapy assistant
Apply occupational therapy principles and intervention tools to achieve expected outcomes
Demonstrate professional behaviors, ethical standards, values, and attitudes of the occupational therapy profession

Linked External Standards
B.4.5. Articulate the role of the occupational therapy assistant and occupational therapist in the screening and evaluation process along with the importance of and rationale for supervision and collaborative work between the occupational therapy assistant and occupational therapist in that process.
B.5.22. Recognize and communicate the need to refer to specialists (both internal and external to the profession) for consultation and intervention.
B.7.7. Identify strategies for effective, competency-based legal and ethical supervision of nonprofessional personnel.
B.9.4. Discuss strategies for ongoing professional development to ensure that practice is consistent with current and accepted standards.
B.9.7. Identify and appreciate the varied roles of the occupational therapy assistant as a practitioner, educator, and research assistant.
B.9.8. Identify and explain the need for supervisory roles, responsibilities, and collaborative professional relationships between the occupational therapist and the occupational therapy assistant.

Assessment Strategies
3.1. in an oral, written, or graphic assessment

Criteria

*Your performance will be successful when:*

3.1. you include the job description
3.2. you includes an evaluation of the OTA scope of practice
3.3. you include the duties and responsibilities of an OTA
3.4. you include a comparison of education and roles between an OT and an OTA
3.5. you identify potential employers

4. **Use professional resources and organizations**

*Domain Cognitive Level Appplying Status Active*

Linked Core Abilities
Use technology effectively.

Linked Program Outcomes
Practice within the distinct role and responsibility of the occupational therapy assistant
Demonstrate professional behaviors, ethical standards, values, and attitudes of the occupational therapy profession

Linked External Standards
B.8.1. Articulate the importance of how scholarly activities and literature contribute to the development of the profession.
B.8.7. Identify how scholarly activities can be used to evaluate professional practice, service delivery, and/or professional issues (e.g., Scholarship of Integration, Scholarship of Application, Scholarship of Teaching and Learning).
B.9.1. Demonstrate knowledge and understanding of the American Occupational Therapy Association (AOTA) Occupational Therapy Code of Ethics and Ethics Standards and AOTA Standards of Practice and use them as a guide for ethical decision making in professional interactions, client interventions, and employment settings.
B.9.2. Explain and give examples of how the role of a professional is enhanced by knowledge of and involvement in international, national, state, and local occupational therapy associations and related professional associations.
B.9.13. Demonstrate professional advocacy by participating in organizations or agencies promoting the profession (e.g., AOTA, state occupational therapy associations, advocacy organizations).

Assessment Strategies
4.1. through an oral, written, or graphic assessment

Criteria

*Your performance will be successful when:*

4.1. you describe student, state and national organizations for occupational therapy
4.2. you give examples of how the role of the OTA is enhanced by the organizations
4.3. you use and interpret OT acronyms
4.4. you access professional literature

5. **Articulate the Practice Framework: Domain**

*Domain Cognitive Level Appplying Status Active*

Linked Core Abilities
Use technology effectively.

Linked Program Outcomes
Practice within the distinct role and responsibility of the occupational therapy assistant
Serve a diverse population in a variety of systems that are consistent with entry level practice
Apply occupational therapy principles and intervention tools to achieve expected outcomes
Demonstrate professional behaviors, ethical standards, values, and attitudes of the occupational therapy profession
Linked External Standards
B.2.4. Articulate the importance of balancing areas of occupation with the achievement of health and wellness for the clients.
B.6.1. Describe the contexts of health care, education, community, and social systems as they relate to the practice of occupational therapy.
B.7.1. Identify the impact of contextual factors on the management and delivery of occupational therapy services.

Assessment Strategies
5.1. by relating the domain to a real-world situation format may be oral, written, or graphic
Criteria

*Your performance will be successful when:*
5.1. articulation includes the definitions of the occupational therapy domain
5.2. you observe the elements of the domain in individuals utilizing the practice framework
5.3. you reflect on how the domain is evidenced in individuals

### 6. Examine the Practice Framework: Process

<table>
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<tr>
<th>Domain</th>
<th>Cognitive Level</th>
<th>Understanding Status</th>
<th>Active</th>
</tr>
</thead>
</table>

Linked Core Abilities
Use technology effectively.

Linked Program Outcomes
Practice within the distinct role and responsibility of the occupational therapy assistant
Serve a diverse population in a variety of systems that are consistent with entry level practice
Apply occupational therapy principles and intervention tools to achieve expected outcomes
Demonstrate professional behaviors, ethical standards, values, and attitudes of the occupational therapy profession

Linked External Standards
B.6.1. Describe the contexts of health care, education, community, and social systems as they relate to the practice of occupational therapy.

Assessment Strategies
6.1. through an oral, written, or graphic assessment
Criteria

*Your performance will be successful when:*
6.1. you outline the sequence of the occupational therapy process
6.2. you define intervention approaches
6.3. you list the types of occupational therapy interventions
6.4. you explain the types of outcomes resulting from occupational therapy intervention

### 7. Practice basic skills related to client centered practice

<table>
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<tr>
<th>Domain</th>
<th>Psychomotor Level</th>
<th>Perceiving Status</th>
<th>Active</th>
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Linked Core Abilities
Demonstrate ability to value self and work ethically with others in a diverse population.
Use technology effectively.

Linked Program Outcomes
Practice within the distinct role and responsibility of the occupational therapy assistant
Serve a diverse population in a variety of systems that are consistent with entry level practice
Apply occupational therapy principles and intervention tools to achieve expected outcomes
Demonstrate professional behaviors, ethical standards, values, and attitudes of the occupational therapy profession

Linked External Standards
B.2.2. Describe the meaning and dynamics of occupation and activity, including the interaction of areas of occupation, performance skills, performance patterns, activity demands, context(s) and environments, and client
factors.

Assessment Strategies
7.1. by observing and documenting human behavior
7.2. by performing an interview

Criteria
Your performance will be successful when:
7.1. you use the Practice Framework to guide observations
7.2. you use the Practice Framework to guide interview
7.3. you collect relevant data
7.4. you document observations and interview according to guidelines provided by your instructor
7.5. you incorporate appropriate OT and medical terminology

8. Examine regulatory and legal factors that affect OT practice

Domain Cognitive Level Understanding Status Active

Linked Core Abilities
Use technology effectively.

Linked Program Outcomes
Practice within the distinct role and responsibility of the occupational therapy assistant
Demonstrate professional behaviors, ethical standards, values, and attitudes of the occupational therapy profession

Linked External Standards
B.1.5. Articulate the ethical and practical considerations that affect the health and wellness needs of those who are experiencing or are at risk for social injustice, occupational deprivation, and disparity in the receipt of services.
B.2.3. Articulate to consumers, potential employers, colleagues, third-party payers, regulatory boards, policymakers, other audiences, and the general public both the unique nature of occupation as viewed by the profession of occupational therapy and the value of occupation support performance, participation, health, and well-being.
B.7.2. Identify the systems and structures that create federal and state legislation and regulations and their implications and effects on practice.
B.7.3. Demonstrate knowledge of applicable national requirements for credentialing and requirements for licensure, certification, or registration under state laws.
B.7.4. Demonstrate knowledge of various reimbursement systems (e.g., federal, state, third party, private payer) and documentation requirements that affect the practice of occupational therapy.
B.7.7. Identify strategies for effective, competency-based legal and ethical supervision of nonprofessional personnel.
B.9.5. Identify professional responsibilities related to liability issues under current models of service provision.
B.9.10. Identify strategies for analyzing issues and making decisions to resolve personal and organizational ethical conflicts.
B.9.11. Identify the variety of informal and formal systems for resolving ethics disputes that have jurisdiction over occupational therapy practice.

Assessment Strategies
8.1. through an oral, written, or graphic reflection

Criteria
Your performance will be successful when:
8.1. reflection includes the identification of the ethical issues related to OTA
8.2. reflection includes the identification of the initial and continuing national certification process
8.3. reflection includes the identification of the state requirements for initial and continuing licensure
8.4. reflection includes identification of various reimbursement systems

9. Demonstrate therapeutic use of self

Domain Psychomotor Level Perceiving Status Active
Demonstrate ability to value self and work ethically with others in a diverse population.
Use technology effectively.

Linked Program Outcomes
Practice within the distinct role and responsibility of the occupational therapy assistant
Serve a diverse population in a variety of systems that are consistent with entry level practice
Apply occupational therapy principles and intervention tools to achieve expected outcomes
Demonstrate professional behaviors, ethical standards, values, and attitudes of the occupational therapy profession

Linked External Standards
B.2.3. Articulate to consumers, potential employers, colleagues, third-party payers, regulatory boards, policymakers, other audiences, and the general public both the unique nature of occupation as viewed by the profession of occupational therapy and the value of occupation support performance, participation, health, and well-being.
B.9.7. Identify and appreciate the varied roles of the occupational therapy assistant as a practitioner, educator, and research assistant.

Assessment Strategies
9.1. through a skill demonstration

Criteria
Your performance will be successful when:
9.1. you establish a rapport with a client
9.2. you recognize your impact on the client
9.3. you use therapeutic communication skills such as active listening, assertiveness, empathy, and constructive feedback
9.4. you adjust your communication style to meet client needs

10. Examine diversity issues in a variety of settings

Domain Cognitive Level Applying Status Active

Linked Core Abilities
Demonstrate ability to value self and work ethically with others in a diverse population.
Use technology effectively.

Linked Program Outcomes
Serve a diverse population in a variety of systems that are consistent with entry level practice
Demonstrate professional behaviors, ethical standards, values, and attitudes of the occupational therapy profession

Linked External Standards
B.1.4. Demonstrate knowledge and appreciation of the role of sociocultural, socioeconomic, and diversity factors and lifestyle choices in contemporary society (e.g., principles of psychology, sociology, and abnormal psychology).
B.1.5. Articulate the ethical and practical considerations that affect the health and wellness needs of those who are experiencing or are at risk for social injustice, occupational deprivation, and disparity in the receipt of services.

Assessment Strategies
10.1. through an oral, written, or graphic analysis

Criteria
Your performance will be successful when:
10.1. you analyze health care issues related to diverse groups
10.2. you compare a variety of belief systems related to health, wellness and acceptance of intervention
10.3. you analyze how your biases and beliefs may impact your role as an OTA

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